

VOLARE CHA CHA

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Record Star 115 B, Volare
Footwork Directions for man, lady opposite footwork except as otherwise noted.
Level Cha Cha Roundalab Rating Phase 5
Sequence Intro, AB ACAEnd

INTRODUCTION

OPN FCG PTR & WALL WITH HND S ON HIPS

1-4 WAIT 2 MEAS;; CUCARACHA TWICE;;

(1-2) In OP fcg PTR and wall with hnds on hips wait 2 meas;;
(3-4) Sd L with partial wt, rec R, do Llstp R, stp L; Sd R with partial wt, rec L, do Rlstp L, stp R;

PART A

1-8 CHASE TO 3 TRIPPLES TWICE;;; FINISH THE CHASE;; CUCARACHA TWICE;;

(1-6) Changing hnds to waist level in running position fwd L trng RF ½, rec fwd R, (bk R, rec fwd L,) both moving forward fwd LI XRIB, fwd L; fwd RI XLIB, fwd R, fwd L/XRIB, fwd L; both turning fwd R trng ½ LF, rec fwd L, fwd RI XLIB, fwd R; fwd L/XRIB, fwd L, fwd RI XLIB, fwd R; fwd LrecR(fwdRtrng½LF,recfwdL),bkL/cloRbkL;bkR,recL,fwdRlcloL,fwdR;
(7-8) Repeat meas 3-4 of intro ending in CP;;

PART B

1-8 ½ BASIC TO A FAN;; HKY STK;; RK 4; SINGLE CUBAN; LARIAT;;

(1-2) Fwd L, rec R, sd Liclo R, sd L; bk R, rec L, sd Riclo L, sd R (fwd L, trng LF stp sd & bk R trng 1/4, bk L/XRW, bk L leaving R ext fwd with no wt);
(3-4) Fwd L, rec R, in p1 LIR, L; bk R, rec L, fwd Riclo L, fwd R end DRW with joined low hands (do R, fwd L, fwd RIL, R; fwd L, fwd R trng LF to fc ptr, bk Liclo R, bk L on DLW); (5-6) Rk fwd L, bk R, fwd L, bk R; XLIF/rec R, sd L, XRIF/rec L, sd R;
(7-8) In p1 L, R, LIR, L; R, L, RIL, R end BFY fcg wall (circ M cw with joined Lead hnds fwd R, fwd L, fwd Riclo L, fwd R; fwd L, fwd R, Fwd Liclo R trng to fr ptr, sd L);

9-16 ½ BASIC TO A FAN;; ALEMANA;; SHLDR TO SHLDR TWICE;; FENCELINE; SPOT TRN IN 3;

(9-10) Repeat meas 1-2 of Part B;;
(11-12) Fwd L, rec R, sd Liclo R, sd L lead W to trn RF; bk R, rec L, sd Riclo L, sd R to BFY (do R, fwd L, fwd Rlfwd L, fwd R comm RF swiv to fc ptr; cont RF trn under jnd lead hnds fwd L, cont RF trn fwd R, sd Liclo R, sd L);
(13-14) Fwd L to SCAR, rec R to fc, sd Liclo R, sd L; fwd R to BJO, rec L to fc, sd Riclo L, sd R, (15-16) X lunge thru L with bent knee look RLOD, rec R trng to fc ptr, sd Liclo R, sd L; XRIF trng ½, rec L cont trn to fc ptr, sd R, -;

PART C

1-8 FULL BASIC;; NAT OP OUT; UNDERARM TRN; HND TO HND TWICE;; NEW YORKER TWICE;;

(1-2) In CP fwd L, rec R, sd Liclo R, sd L; bk R, rec L, sd Riclo L, sd R;
(3) Giving W slight left sd lead with R sd stretch to open her out ck fwd L on ball of ft with pressure, rec R with slight R sd lead to lead W to CP, sd Liclo R, sd L (with slight L sd stretch trn ½ RF bk R with R sd stretch, rec L trng LF ½ to CP, sd Riclo L, sd R);
(4) Bk R, rec L, sd Riclo L, sd R (XLff under jnd lead hnds trng ½ RF, rec R cont trn to fc ptr, sd Liclo R, sd L);
(5-6) Beh L trng to sd by sd, rec R to fc, sd Liclo R, sd L; beh R ting to sd by sd, rec L to fc, sd Riclo L, 5 d R;

(7-8) Trng L with straight leg trng to sd by sd pos, rec L to R, sd Riclo L, sd R, and X trng to sd by sd pos, rec L to fc, sd Riclo L, sd R;

9-16 **O/TRN ALEMANA;; 3 SWEETHEARTS TRNG TO FACE;;; CUCARACHA; FENCELINE; SPOT TRN IN 3;**

(9-10) Fwd L, rec R, sd Liclo R, sd L lead W to trn RF; bk R, rec L, sd Riclo L, sd R to BFY (bk R, rec L, sd Riclo L, sd R comm rf swvl; cont RF trn under jnd lead hnds fwd L, cont RF trn fwd R full tin to fc wall in left VARSU posn, sd Liclo R, sd L);

(11-13) Chk fwd L with R sd lead to cnotra chk like action, rec R straighten body, sd Liclo R, sd L sliding acr~ss beh ptr; repeating in opp direcfion chk fwd R, rec L, sd Riclo L, sd R; Repeat meas 11 bkR,recL,trng¹/₂RFtofcptrsdRicloL,sdR);

(14-16) Sd R with partial wt, rec L, do Rlstp L, stp R; Repeat meas 15-16 of Part B;;

END

1-8 **½ BASIC TO A FAN;; ALEMANA;; SHLDR TO SHLDR TWICE;; FENCECLINE TO OP; RK THRU BK LK BK;**

(1-6) Repeat meas 9-14 of Part B

(7) X lunge thru L with bent knee look RLOD, rec R trng to sd by sd pos fcg LOD, fwd L/XRIB, fwd L;

(8) Maintaining joined trailing huds Rk thru R with straight leg in bk to bk V position, recL/XRIF, bk L raising lead hnds to point bk: